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Acsm Guidelines Exercise Testing Prescription

ACSM's Guidelines for Exercise Testing and Prescription is the flagship title from the American College of Sports Medicine, the prestigious organization that sets the standards for the exercise profession. This critical handbook delivers scientifically based standards on exercise testing and prescription to the certification candidate, the professional, and the student.

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ACSM's guidelines for exercise testing and prescription. 9th ed. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health. Chicago / Turabian - Author Date Citation (style guide) Pescatello, Linda S. 2014. ACSM's Guidelines for Exercise Testing and Prescription. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health.

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Exercise Prescription - American College of Sports Medicine

ACSM's Guidelines for Exercise Testing and Prescription, 7th Edition. Editor: Whaley, Mitchell H., PhD, FACSMBibliographic Data: (ISBN: 0-7817-4506-3, Lippincott Williams & Wilkins, 2006, \$32.95) 366 pages, spiral bound cover. Subjects: Sports Medicine. DESCRIPTION: This is the seventh edition of a resource for professionals who advocate physical activity and contains the current recommendations on health appraisals, exercise testing, and exercise prescription.

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