

Addiction Treatment Homework Planner

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- Revised homework assignments reflecting clients' stages of readiness and change

Finley Lenz Addiction Treatment

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SMART Recovery Toolbox - SMART Recovery

Organized” in the Addiction Treatment Homework Planner, 4th ed. by Finley and Lenz). 19. Assign homework asking the client to apply problem-solving skills to an everyday problem; review and provide corrective feedback toward improving the skill. 12. Learn and implement skills to reduce the disruptive influence of distractibility. (20, 21, 22)

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Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode.

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